

# Tzatziki Herb Yoghurt Sauce

Preparation time: 15 min | Serves: 6

## Ingredients:

- 2 Cups low-fat plain yogurt
- 1 Cup peeled, seeded and diced cucumber
- 2 Tablespoons chopped fresh dill (herb)
- 1 Tablespoon lemon juice
- 1 Tablespoon white vinegar
- 2 Teaspoons minced garlic
- Salt and pepper to taste



## Instructions:

- 1 Combine all ingredients except salt together, stirring to blend.
- 2 Add salt if desired.
- 3 Sauce may be made up to 2 hours in advance.
- 4 Cover and refrigerate until serving.

