

DINNER

Creamy Tomato and Vegetable Pasta

Preparation time: 20 min

Serves: 4



Ingredients:

- 2 Cups cooked pasta
- 1 Cup diced tomatoes
- 1½ Cups steamed mixed vegetables (e.g., carrots, peas, broccoli)
- 1 Serving Alula GOLD Kid (230 ml – prepared according to instructions on tin)
- Grated cheese
- Salt & pepper to taste

Instructions:

- 1 Cook pasta.
- 2 While pasta is cooking, chop tomatoes & other vegetables.
- 3 Steam vegetables.
- 4 In a separate bowl, prepare Alula GOLD Kid according to instructions on the tin.
- 5 Combine cooked pasta, diced tomatoes and steamed vegetables in a pan.
- 6 Pour the Alula GOLD Kid milk mixture over the pasta & vegetables.
- 7 Heat gently on low heat, stirring until sauce thickens, or thicken sauce further with corn-starch (dissolved into water before addition).
- 8 Avoid bringing the mixture to a boil.
- 9 Season with salt & pepper according to taste.
- 10 Add grated cheese & serve.